



Gage Counseling & Consulting, LLC

Jessica Gage, MA, LPC, NCC (License #PC07550)
801 Union Avenue, 4th Floor, Pittsburgh, PA 15212
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Self Disclosure

Welcome! I would like to take this opportunity to briefly introduce myself to you, and to invite you to ask any questions you may have about me or the counseling process.

Education and Credentialing

- I was honored by Steel City Vets for my contributions to military members and their families in 2016.
- I became a Pennsylvania Licensed Professional Counselor in April 2014 (license # PC007550).
- I was inducted into Chi Sigma Iota (an international honor society for counselors) in 2013.
- I became a National Certified Counselor in July 2011.
- I received a M.A. in Marriage and Family Counseling from Geneva College in May 2011.
- I received a B.S. in Psychology with a minor in Biblical Studies from Geneva College in May 2009.

Relevant Experience

- Counselor at the Allison Park branch of the CCC (December 2014-present)
- Counselor at the Mars branch of the CCC (April 2012-January 2015)
- Counselor at the Allegheny Center branch of the CCC (May 2011-present)
- Counseling intern at the CCC (2010-2011)
- Counseling intern at Gateway North Hills Rehabilitation Facility (2011)
- Group facilitator at Geneva College (2010)
- Volunteer at the Christian Discipleship Center, a residential drug and alcohol treatment center in Cortez, CO for Native American men (2008)

Ethical Responsibilities

- My primary responsibility is to respect your dignity and promote your welfare.
- I have committed to upholding the ACA and CAPS ethical standards.
- Informed Consent: you have the right to be entirely informed about your counseling.
- Confidentiality: your information is confidential, within the limits of the law (See HIPAA packet).
- Independence: you have the right to make your own decisions about your own counseling process, including the duration of counseling.
- Competence: I will only work as your counselor if I have the skills and qualifications to do so. If there are any doubts, I will refer you to another counselor.

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Theoretical Orientation

- My training and educational focus is in individual, marital, and family therapies.
- I focus on systems and the holistic nature of each person within those systems.
- I use various instruments during the counseling process and will explain them to you as we proceed. Some of those instruments include: quantitative diagnostic tools; CBT, DBT, EFT and ACT interventions; family systems assessments, and more.

Things to Remember

- Counseling sessions are generally about an hour long, once a week, unless other arrangements are made.
- Twenty-four (24) hour advance notice is required for a cancellation. If you need to cancel, please call (724) 207-3767. If there is less than 24 hours notice, you will be charged half the session fee (max \$45).
- All sessions are expected to begin and end on time. If you are more than 15 minutes late, the session will need to be rescheduled, since there would not be enough time to work. If a session is rescheduled due to lateness, the same half-session fee will apply.
- If you have concerns about my practice, I ask that you initially discuss them with me (724) 207-3767.
- If you believe that your privacy rights have been violated and wish to file a complaint with me or my office, you may send your written complaint to me at 801 Union Place, 4th Floor CCC, Pittsburgh, PA 15212.
- You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services. I can provide you with the appropriate address upon request. You have specific rights under the Privacy Rule. I will not retaliate against you for exercising your right to file a complaint.

I sign below to indicate I have read the above information and have had my questions answered.

Signature

Date

Witness

Date